

Primary Care Symposium Programme

Register here now

Te Papa, Wellington | 23 August 2016

Time	Subject and Presenter
8:30am-9:00am	Registration
9:00am-9:10am	Welcome / Mihi
9:10am-10:10am	<p>Keynote Speakers – Main Plenary Session</p> <p><i>Hon Dr Jonathan Coleman</i></p> <p>Dr Jonathan Coleman is the Minister of Health and Minister for Sport and Recreation. Dr Coleman will provide his perspectives on primary health care in New Zealand.</p> <p><i>Sir John Kirwan</i></p> <p>Sir John Kirwan has inspired us with both his sporting achievements as an All Black and his enormous contribution to depression and mental health. Sir John Kirwan will provide a personalised account of his journey in mental health and how his story has changed the way we can respond to provide patient-centered care in New Zealand.</p>
10:15am-10:45am	Morning Tea
10:50am - 11:50am	<p>Session 1: Parallel workshops</p> <p>Pick one of these sessions. Share your experiences in a group discussion</p>

A. Equally Well – Together we are making a difference.

Andrea Bates, Co-founder Wellbeing Wellington

Helen Lockett, Wisegroup & International Associate, Centre for Mental Health UK

How well do you understand the physical health needs of your patients with mental health conditions? Are you qualified to address both? Are our patients with mental health conditions getting a raw deal? In this session Marion and Helen will challenge you and inspire you with questions and examples of innovation to ensure physical health needs are equally supported alongside mental health needs in order to make a real difference. They are, are you?

B. Childhood Obesity - Where are we at and what are the next steps for primary care.

Professor Hayden McRobbie, Raising Healthy Kids Clinical Practice Champion, Childhood Obesity

C. Health Literacy: From pillar to post to real WINS.

Nicki Lishman, Regional Health Advisor, MSD Work & Income

Kerry Gilbert & Ina Graham, Health Hawke's Bay

Being passed from pillar to post is how many high needs patients may feel in a multi-agency health and social care world. Not so on the East Coast. This session will outline the exciting use of a proactive health literacy approach which is underpinning the support provided by Work and Income case managers to connect their clients directly with tailored health support such as preparing for appointments with GP or specialists and referral to Health Hawke's Bay's Living well with long-term conditions programme.

D. Healthcare Needs Pit Crews, Not Cowboys.

Dr Tim Hou, GP, Mangere Health Centre

The focus is on Primary Health Care tools such as electronic shared care plans, partners in health assessments and community based multi-disciplinary teams. A proactive planned approach to care for patients with long term conditions such as heart disease, diabetes, mental health.

11:50pm-12:30pm

Lunch | Check out the exhibits | Networking opportunities

12:35pm-1:35pm

Session 2. Parallel Workshops

Pick one of these sessions. Share your experiences in a group discussion.

A. CVD Risk Assessment and Management - Primary prevention of heart attack and stroke.

Dr Fraser Hamilton, GP Liaison

Assoc Prof Dr Gerry Devlin, Medical Director, Heart Foundation

A New Zealand based cohort has been created enabling development of a new risk estimation calculator. We will discuss the impact this could have on prevention of heart attack and stroke. We will use case studies to look at the benefits of both primary and secondary prevention.

B. Wellbeing the Warehouse Way.

Phillipa Bennetts RN, Wellbeing Support Manager, the Warehouse Group

Hayley Goodin, Healthy Families Lower Hutt

More than just a red shed. The Warehouse Group have adapted the World Health Organisation framework to develop a wellbeing approach for its store staff and their local communities through multi agency engagement, such as this example with the Lower Hutt Healthy Families team, underpinned by international evidence and good practice.

C. Consumers/Co-design, self-management.

Dr Leona Didsbury, Senior Health Psychologist, East Tamaki Health Care

One of NZ's leading experts in self-management, Leona has led development of "wheel of self-management support" for people with long term condition's, use of co-design as the way to generate ideas to test ongoing improvement focus and work to "keep patients at the centre of care".

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D. Investible outcomes in Primary Health Care.

Dr Rawiri Jansen, Ngati Raukawa, National Hauora Coalition

NHC has developed tools to deliver accountable and investible outcomes in primary care. Dr Jansen will briefly describe the journey and the outcomes so far.

1:40pm-2:40pm

Session 3 Parallel Workshops: Skills

Learn more about the tools to support better performance.

Pick one of these interactive workshops and take home some tips for performance improvement.

A. Stop Smoking – What do the recent changes mean for primary care.

Dr Mark Wallace – Bell, PhD, RN Team Leader, Stop Smoking, Heart Foundation

New changes to stop smoking services are being rolled out across the country.

This talk will give an update to those changes and what it means for primary care.

B. IT in Health – Why We All Should Be Scared!!

Scott Arrol, CEO and Director of NZ Health IT.

There is currently a rapid explosion of IT apps and programmes on the market designed to assist people to manage their own health and the health of their patients – now and into the future. This interactive session will provide an opportunity for delegates to share their knowledge in this area and learn about the latest technology available for use by their patients and healthcare colleagues.

C. Addressing inequities – What innovative approaches or initiatives are being implemented in PHC – Panel Discussion.

In this interactive panel-led forum, a multi-professional range of health practitioners will share their experience of providing services for our most vulnerable and high needs communities. Often having to think outside the box using a multi-professional approach tailored to individual patients and their whanau. This session will also explore ways to bypass the everyday barriers that prevent us from just doing what's right for the patient.

D. Behavioural Change: Having conversations that make patients and practitioners think.

Barbara Docherty, RN;MNurs (Hons);MCNA(NZ) Behavioural Health Training Hon Clinical Lecturer, School of Nursing, University of Auckland

Assisting people of all ages to make healthy behaviour change choices continues to be challenging for primary health care workers. This interactive workshop will give participants an opportunity to have exposure to a well tried and tested innovative stress buster communication approach, using validated resources designed and endorsed by adults and youth, along with research findings which may surprise.

2:45pm - 3pm

Afternoon Tea

3pm - 3:50pm

Key Note Speaker - Main Plenary Session

Northland Initiatives

Dr Lance O'Sullivan

Challenging the status quo of quality care. Pushing the boundaries in practice.

3:50pm - 4:00pm

Take home messages, future plans, on-going discussions/forums.

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